

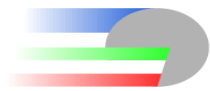
<b>DENOMINAZIONE DELLA GARA:</b>	<b>Gran Fondo LaMontBlanc – Percorso di granfondo</b>
<b>LOCALITA' DI PARTENZA:</b>	<b>Courmayeur (Ao)</b>
<b>DATA DI SVOLGIMENTO:</b>	<b>25/06/2017</b>

## TABELLA DI MARCIA

Ora di partenza: **9:00:00**

Km. totali : **99,700**

Località/punto del percorso	Km.	Km. parziali	Km. all'arrivo	Quota (m/slm)	Pendenza tratto	Media [Km/h]			
						20	25	30	35
						hh.mm.ss	hh.mm.ss	hh.mm.ss	hh.mm.ss
Courmayeur	0,000	0,000	99,700	1.222	-	9:00:00	9:00:00	9:00:00	9:00:00
La Palud ( <i>innesto SS26</i> )	3,120	3,120	96,580	1.350	<b>4,1%</b>	9:12:46	9:09:31	9:07:35	9:06:19
Pré-Saint-Didier ( <i>Hotel Edelweiss</i> )	12,620	9,500	87,080	1.010	<b>-3,6%</b>	9:35:53	9:28:44	9:24:02	9:20:41
Morgex ( <i>rotonda Agip</i> )	16,000	3,380	83,700	930	<b>-2,4%</b>	9:44:40	9:35:57	9:30:10	9:26:01
La Salle ( <i>rotonda Bar Le Pont</i> )	19,000	3,000	80,700	900	<b>-1,0%</b>	9:53:07	9:42:48	9:35:55	9:30:59
Avisè ( <i>inizio galleria</i> )	27,000	8,000	72,700	777	<b>-1,5%</b>	10:14:56	10:00:35	9:50:55	9:43:57
Cerellaz	32,720	5,720	66,980	1.257	<b>8,4%</b>	10:52:41	10:24:56	10:08:54	9:58:12
Saint Nicolas ( <i>incrocio Salassi</i> )	35,800	3,080	63,900	1.217	<b>-1,3%</b>	11:01:12	10:31:51	10:14:44	10:03:14
Petit Sarriod	39,000	3,200	60,700	1.442	<b>7,0%</b>	11:18:53	10:43:57	10:23:56	10:10:39
Meod Dessus	40,700	1,700	59,000	1.530	<b>5,2%</b>	11:26:34	10:49:32	10:28:19	10:14:15
Bivio discesa vs St. Pierre	44,510	3,810	55,190	1.430	<b>-2,6%</b>	11:36:20	10:57:35	10:35:10	10:20:12
Fine discesa ( <i>incrocio sotto clinica</i> )	51,900	7,390	47,800	828	<b>-8,1%</b>	11:50:50	11:10:03	10:46:05	10:29:56
Saint Pierre ( <i>Edildueci</i> )	54,490	2,590	45,210	680	<b>-5,7%</b>	11:56:30	11:14:51	10:50:14	10:33:36
Villeneuve ( <i>Pub Inside</i> )	56,900	2,410	42,800	670	<b>-0,4%</b>	12:03:32	11:20:31	10:54:58	10:37:40
Arvier ( <i>rotonda Benato</i> )	59,800	2,900	39,900	744	<b>2,6%</b>	12:13:58	11:28:32	11:01:29	10:43:10
Avisè ( <i>rotonda</i> )	62,000	2,200	37,700	800	<b>2,5%</b>	12:21:53	11:34:37	11:06:26	10:47:20
La Salle ( <i>rotonda Bar Le Pont</i> )	69,660	7,660	30,040	900	<b>1,3%</b>	12:47:00	11:54:20	11:22:40	11:01:08
La Salle ( <i>Chiesa</i> )	70,960	1,300	28,740	997	<b>7,5%</b>	12:54:34	11:59:26	11:26:31	11:04:13
Bivio Chaffieron	72,360	1,400	27,340	1.118	<b>8,6%</b>	13:04:09	12:05:32	11:31:00	11:07:45
Bivio Les Places	76,790	4,430	22,910	1.426	<b>7,0%</b>	13:28:24	12:22:11	11:43:41	11:17:59
La Salle ( <i>bivio gelateria</i> )	82,560	5,770	17,140	981	<b>-7,7%</b>	13:39:56	12:32:04	11:52:20	11:25:40



FEDERAZIONE CICLISTICA ITALIANA

Comitato Regionale Valle d'Aosta

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Località/punto del percorso						hh.mm.ss	hh.mm.ss	hh.mm.ss	hh.mm.ss
Morgex ( <i>Strada del Villair-deviazione percorsi</i> )	85,410	2,850	14,290	950	<b>-1,1%</b>	13:47:55	12:38:32	11:57:47	11:30:22
Morgex ( <i>centro</i> )	86,010	0,600	13,690	930	<b>-3,3%</b>	13:49:24	12:39:46	11:58:50	11:31:17
Arpy	93,720	7,710	5,980	1.687	<b>9,8%</b>	14:53:20	13:17:34	12:25:40	11:52:05
Colle San Carlo	99,700	5,980	0,000	1.959	<b>4,5%</b>	15:18:48	13:36:22	12:40:34	12:04:25